True sense of the mystical lies not in trying to explain the Universe, but in personally experiencing the profound mystery and wonder of everyday life. Those who study the material world in depth are often amazed that anything exists at all! Even more astonishing, the entire cosmos and everything within it is composed of interwoven harmonic vibrations.

These rhythms, although extremely subtle or ethereal in nature, occur in precisely ordered mathematical patterns, or arrangements. The pervasive presence of these ordered patterns in nature indicates that the cosmos is *not* an accident that happened by chance! It is clearly a meaningful process, with a *purpose* that lies deeper than anything we can possibly imagine.

We live our lives, our thoughts and our dreams in a *mystery made of music!* All of our most inspiring perceptions and emotions—the exquisite beauty of nature we see around us and the sublime presence of wisdom, love and truth we feel inside us—are all, quite literally, notes in the score of an immense cosmic symphony. We are all active participants in some magnificent and transcendent *work of art!*

The most beautiful and most profound emotion we can experience is the sensation of the mystical....To know that what is impenetrable to us really exists, manifesting itself as the highest wisdom and the most radiant beauty, which our dull faculties can comprehend only in their most primitive forms—this knowledge, this feeling is at the center of true religiousness....

My religion consists of a humble admiration of the illimitable superior spirit who reveals himself in the slight details we are able to perceive with our frail and feeble minds. That deeply emotional conviction of the presence of a superior reasoning power, which is revealed in the incomprehensible Universe, forms my idea of God.

Albert Einstein



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